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### Seasonal Spring Allergy

Knowing the Connection

# Get the full picture on multi-sensitization

During the spring allergy season it is important to support the clinical practice in correctly identifying allergic triggers and managing symptoms connected to rhinitis and/or asthma.

Getting it right the first time – Discover how ImmunoCAP<sup>™</sup> Phadiatop<sup>™</sup> tests and ImmunoCAP<sup>™</sup> tests can help you to get a complete picture of your patients' sensitization profile and in managing symptoms connected to rhinitis/asthma during spring allergy season.

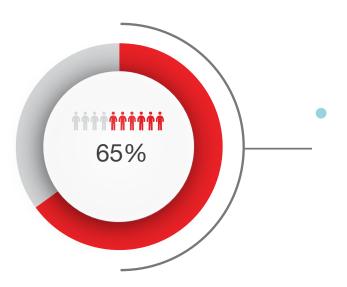


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# Connecting allergic rhinitis to asthma for a better outcome

Adding ImmunoCAP<sup>™</sup> IgE blood tests improves diagnosis accuracy<sup>1,2</sup>

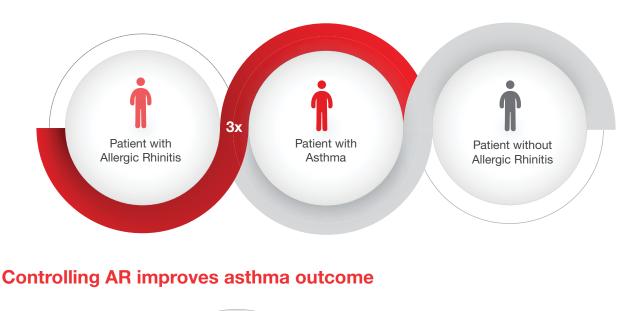
- Allergic Rhinitis (AR) is the most common allergic disease in the world population, with a prevalence of up to 50% in some countries<sup>3</sup>
- Most AR patients visiting their physician have moderate/severe disease with persistent symptoms<sup>5</sup>

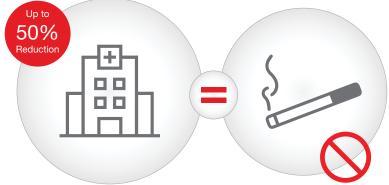




65% of patients diagnosed with rhinitis are using antihistamines but their symptoms are **not related to immunoglobulin E (IgE) mediated allergy**<sup>6</sup>

- Patients with AR have a three-fold greater risk of developing asthma, in addition 80-90% of patients with asthma also have rhinitis<sup>4</sup>
- Uncontrolled moderate to severe AR affects asthma control<sup>4</sup>





Studies have demonstrated that by controlling and reducing AR, hospital visits can be reduced up to 50%<sup>4</sup> and has about the same impact as smoking cessation on asthma outcome.<sup>5</sup>

#### References

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